



LANA MICHELLE KATZ

Gender:	Female	ID:	8507300109085
Height:	159cm / 5'2"	SA Passport:	A05264804 (Inc. USA VISA)
Waist:	63cm / 25inch	E-mail:	lanalynxstunts@gmail.com
Hips:	87cm / 34.2inch	Mobile:	079 894 2790
Chest:	83cm / 32.7inch		
Weight:	53kg / 117pounds		
Hair:	Dark Brown		
Shoe:	3/4 (UK) 6/5 (USA)		
Physique:	Athletic		
Unique Traits:	Various tattoos and piercings		

PHOTOS



SKILLS

Aquatic: Competitive swimmer (*10 years*), Qualified Life Saver (*1 year*), PADI Open Water including Oxygen Enriched Air & Buoyancy specialties (*July 2016*)

Martial Arts: Competitive Mixed Martial Arts including Muay Thai (Blue Belt), Boxing, Jujitsu and Kickboxing (*7+ years*). Competed in various full contact fight nights namely Panther Fight Nights, Battle at the Point and Cape Fight League.

Sport Kickboxing: Represented RSA at the ISKA World Kickboxing Championships in Orlando, Florida and received Bronze in my weight category (*2010*).

Firearms: Milspec Level Basic - Firearms Handling for Theatrical / Films / TV Production (*3 September 2014*), NRA Basic Pistol Shooting Course (*May 2016*), NRA Basic Rifle Shooting Course (*July 2016*).

Paragliding: SAHPA PG Basic License (*October 2014*). Winner of "Gatskop" (female division) Paragliding Competition (*April 2015*)

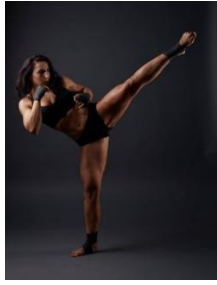
Precision Driving: Level 1 - Rick Seaman's Motion Picture Driving Clinic (*May 2016*), Attended Track Day Course with Hard Drive (*July 2016*)

Full Body Burn: Full Body Burn Workshop with Grant Powell & Vernon Wilemse (*January 2016*), Took part in Guinness World Book of Records "Most people simultaneously burning" attempt (*January 2018*)

Other: Winner - Miss Bikini & Fitness Model divisions at SA Natural Championships (*September 2017*), Winner - Miss Figure Division at Fitness America Weekend in Las Vegas (*November 2017*)

Athletic Skills: Surfing, Yoga, Crossfit, In-door Climbing

PHOTOS



INDUSTRY EXPERIENCE

DATE	PRODUCTION	ROLE	ACTION PERFORMED	STUNT CO-ORDINATOR
November 2019 – January 2020	Escape Room 2	“Rachel” Double Holland Roden	Buried alive Various falls	Anneli Muller / Kerry Gregg / Grant Hulley
22 October 2019	The Watch	Townfolk	Motivated fall after bomb pot explosion	Darrell Mclean
21 October 2019	Deep Blue Sea 3	“Emma” Double <i>Tania Raymonde</i>	Dive into water	Vernon Willemse
Various days in July & August 2019	Vagrant Queen	“Elida” Double <i>Adriyan Rae</i> “Amea” Double <i>Alex McGregor</i>	5m drop on wire with dead stop 5 – 7m High Fall Wirework	Kerry Gregg
24 – 26 June, 6 August 2019	Kissing Booth 2	Obstacle Course Waterpark goer	Bail off an obstacle into shallow water Test waterpark rides	Mick Milligan
29 May & 6 June 2019	Trackers	“Janina” Double <i>Sandi Schultz</i>	Riding on the back of a motorcycle	George & Oliver Bailey
16 - 28 Feb & 1 March 2019	Raised By Wolves	Soldier	Running through trenches with firearms and bomb pots Firing weapon & taking reactions from Blood Bag bombs	Gideon Schoor
10 & 11 November 2018 11 Feb & 11 March 2019	Noughts & Crosses	Rioter Baseball Bat Thugs	Flatback from kick to stomach Running from police and trashing office	Darrell Mclean
1 – 6 Oct 18 22 Oct – 1 Nov 2018	Monster Hunter	JSO Soldier Medic JSO Soldier	Rachet into roof of V22 plane Rifle handling	Kerry Gregg
11 – 23 Oct 2018	Blood Shot	Stunt Performer	Pedestrian	Grant Hulley
09 July – 22 July 2018	Dead in the Water	“Sparks” Double “Gwen” Double “Dana” Double	10-12m High Fall off side of boat while on fire Fight sequences Free running through boat hallways Unconscious body floating in water	Mick Milligan
1 & 2 July 2018 24 April 2018 21 March 2018	Origins	“Venisha” Double - <i>Nina Wadia</i> Stunt Utility	Fight sequence Water Safety for Actor	Kerry Gregg
10 – 12 & 27 – 27 April 2018	Skulls & Roses	Test Body Burns Burn Prep	2x Full Body Burn Test Burn Preparation for contestants on the day	Francois Grobbelaar
26 March 2018	Leprechaun Returns	“Lila” Stunt Double <i>Taylor Spreitler</i>	On Standby for fight sequence	Antony Stone

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21 Feb & 6 -7 March 2018	Good Omens	"War" Stunt Double <i>Mireille Enos</i>	Truck Driver	Mick Milligan
27 Oct 2017	ICE S02 (E02)	Female Cyclist	Car hit while riding a bicycle	Darrell Mclean
19 June - 31 Aug 2017	Troy	Amazonian Warrior Trojan Civilian	Sword Fighting, Wrestling Dragged by hair, Thrown into table Take flaming arrow hit	Franz Spilhaus
27 Oct 2017	ICE S02 (E02)	Female Cyclist	Car hit while riding a bicycle	Darrell Mclean
19 June - 31 Aug 2017	Troy	Amazonian Warrior Trojan Civilian	Sword Fighting, Wrestling Dragged by hair, Thrown into table Take flaming arrow hit	Franz Spilhaus
12 – 14 June 2017	Outlander Season 3	"Geillis Duncan" Stunt Double	Thrown across Cave set	Kerry Gregg
23 – 25 May 2017	Maze Runner 3	Refugee	Running away/reacting/flat backs to bomb pots.	Glen Suter / Dermot Brogan
14 March – 19 May 2017	Boogie Mountain	Stunt Utility, Park goer & "Boogie " Stunt double	Testing park rides, park goer, passenger in car hit sequence	Charlie Grisham / Mick Milligan
12 -18 May & 24 - 28 April 2017	Maze Runner 3	School Bus Student Stunt Utility	School bus passenger during car chase sequence Assisting Stunt Coordinators	Glen Suter / Dermot Brogan
1 Dec 2016	Hear No Evil S01 E01 & 02	<i>Adam Lennox</i> Stunt Double	Stair Fall	Leeanne Liebenberg / John Smith
28 – 30 Nov 2016	Blood Drive S01 E11	Battle Dome Fighter	Fight Sequence	Kerry Gregg
23 Nov 2016	The Last Post	Stunt Nurse	Nurse running alongside gurney trips and falls	Darrell Mclean
17 Sept 2016	Sanlam Commercial	Rioter	Hit with Water Cannon	Mo Marais
28 & 29 Sept 2016	The Empty Man	SUFI Dancer	Jump up onto roof of car and roll off as it reverses	Antony Stone / Mick Milligan
16 – 18 & 28 – 30 April 2016	The Dark Tower	Female Manne Villager	Manne village being invaded by Trackers. Fleeing from Trackers	Grant Hulley

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25 – 29 May 2015	Dominion S02 E09	Parking lot 8-Ball	Fight sequence	Kerry Gregg
1 March 2015	You, Me and the Apocalypse S01 E03 & 04	Jenna Fisher Stunt Double	Get knocked over by guard dog (Great Dane)	Cordell McQueen / Paul Pieterse
27 Feb & 23 – 24 April 2015	Dominion S02 E02 & E05	8-Ball	Fight Sequence Ratchet into cement pillar	Kerry Gregg